



MEDIA RELEASE

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Focus on Aberdeenshire sites for Autumn adventures

The haunting ghost stories of Craigievar Castle, Drum Castle and Leith Hall are all featured in the latest edition of the Lidl Book of Big Adventures which is out now.

The booklet, which is created by conservation charity the National Trust for Scotland and supermarket chain Lidl, includes a whole range of accessible ideas to open up the outdoors to families, including tips on spotting red squirrels at the Mar Lodge Estate.

Mark Bishop, Director of Customer & Cause at the National Trust for Scotland said: "There are lots of fun ways for families to get out and about this autumn, exploring Aberdeenshire heritage and nature."

Combining Lidl's affordable in-store range, from backpacks to picnic snacks, with the Trust's places, events and experts, The Lidl Book of Big Adventures provides everything Scottish families need to spend wholesome family time together this Autumn. As part of the scheme, Lidl is also offering a free lunch box for customers who spend over £20 in store.

The new edition of the Lidl Book of Big Adventures is available now in the retailer's 99 Scottish stores; at selected National Trust for Scotland properties; and was also distributed with the National Trust for Scotland's member magazine.

For information visit, www.nts.org.uk/lidl.

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