



the National Trust  
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a place for everyone

# Kintail

## Teacher's information

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Kintail is a beautiful stretch of West Highland scenery which includes the Five Sisters of Kintail (designated a National Scenic Area) and the Falls of Glomach (one of the highest waterfalls in Britain). We also have plenty of low level walks for school groups, as well as a coastal area and two salt marshes.

Within the Kintail vicinity, there is a wide variety of wildlife, including otters (which are relatively common), pine martens, golden eagles, merlin and black-throated divers.

### **The school programme offers opportunities for cross-curricular work and engaging with the Curriculum for Excellence:**

#### **Curriculum for Excellence:**

- We offer a variety of activities connected to mountain, low level and coastal habitats. These cover science (Planet Earth), health & well being (physical activity) and social studies (people, place & environment), (people, past events & societies).
- Activities include: woodland walks; pond dipping; bogs & scrub; glacial features; the Glenshiel battlesite (Jacobites).
- We cater for all learning levels.
- We can also offer guided sea kayaking (minimum age is 12 yrs).

#### **Resources:**

- Local schools are welcome for half or full day visits - or for overnight stays. Schools can hire our Accommodation Centre (for up to 24 people). Please contact the Kintail ranger office for more details.
- Our main resource is our wonderful environment together with experienced ranger/naturalists. We can lead walks at low and medium level for all age groups, particularly primary school children. We also lead groups of secondary school pupils and staff on camping and Munro expeditions. Our Rangers hold summer Mountain Leader Awards.
- Sea kayaks, with a trained instructor.
- Safety First for Outdoor Visits - available for download - go to Checklists at: [www.nts.org.uk/Learn/schools\\_plan.php](http://www.nts.org.uk/Learn/schools_plan.php)
- For more information for teachers, go to the NTS Learn website: [www.ntslearning.org.uk](http://www.ntslearning.org.uk)

#### **Planning your class visit:**

- To book: Contact the Kintail ranger office to discuss your visit. We can tailor activities to meet your requirements.
- Class teachers are encouraged to make a preparatory visit to the site.
- Maximum class size: we recommend a maximum ratio of 10 pupils to 1 adult. Large classes will be split into groups.

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**For more information, visit [www.nts.org.uk/Learn](http://www.nts.org.uk/Learn)**

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### Planning your class visit continued:

- There are no accessible or public toilets on site. (A staff toilet can be used for emergencies.) The nearest public toilets are at Kyle of Lochalsh.
- Pupils should bring refreshments and/or a picnic. There are no shops nearby.
- You can hire Dornie Village Hall - which has an area where pupils can eat picnic lunches, and there are toilets nearby. For more information, contact the Kintail ranger office.
- Please ensure that your pupils have adequate clothing. They should have both warm and waterproof clothes and footwear. For sunny days, your pupils need protection against hot sun - for instance, a long sleeved jacket, a sunhat or cap.
- We recommend that you keep your transport at the site during your visit.
- The site has been risk assessed. Teachers are expected to prepare their own RA for the visit.

### Charges:

- There is no charge for guided walks, for schools with NTS educational membership.
- To apply for educational membership, please contact the Kintail ranger office or go the NTS Learn website: [www.ntslearning.org.uk](http://www.ntslearning.org.uk)
- Schools without NTS educational membership will need to pay a charge. Please check before booking.
- For overnight stays, sea kayaking, etc., please contact the Kintail ranger office for a list of charges.

### During your class visit:

- NTS staff will lead the school programme.
- Teachers are responsible for their pupils, and for their behaviour.
- Pupils and teachers may take photos and films anywhere on the site.
- Safety precaution: There are several low level activities on offer. If a high level walk has been arranged: since there are no buildings on the mountain, staff will carry shelters.
- On arrival: Please meet the ranger at the Morvich Ranger Centre.

### Getting to Kintail:

- Kintail is 16 miles E of Kyle of Lochalsh, to the north of the A87.
- You will be given directions to the Morvich Ranger Centre when you book.
- Ordnance Survey Ref: NG961211
- There is a car park by the Morvich Ranger Centre which can accommodate one coach. This space will be allocated to you when you book your school visit.

### For more information and to make a booking, contact:

Kintail Ranger Service, Kintail & Morvich, Kyle, Ross-shire IV40 8HQ

**Telephone:** 0844 493 2231 **Email:** [kintail@nts.org.uk](mailto:kintail@nts.org.uk)